WHAT IS CLAIMED IS:

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1. A method for exchanging a message using a short message service (SMS)

between a sending party and a receiving party, the method comprising the steps of:

creating a text message by said sending party in a first portable digital phone;
creating a plurality of optional response messages associated with said text message;
and

forwarding said text message with said optional response messages to said receiving party via said SMS channel.

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2. The method of Claim 1, further comprising the step of, upon receiving said text message, selectively choosing one of said optional response messages by said receiving party in a second portable digital phone.

- 3. The method of Claim 1, wherein one of said optional response messages includes a call-back number allowing a response entered by said receiving party to be transmitted back to said sending party.
- 4. The method of Claim 1, wherein said optional response messages are stored in a memory means of said second phone for a provision to said receiving party thereafter.

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retrieving to display said text message with said optional messages;
selecting one of said optional response messages by said receiving party;
forwarding said selected optional response message back to said sending party via said
SMS channel.

- 6. The method of Claim 5, wherein said optional response messages comprises a plurality of items identifying different messages to be selected by said receiving party.
- 7. The method of Claim 5, wherein said optional response messages are transmitted to said receiving party by said sending party.
- 8. The method of Claim 6, wherein said optional response messages include a call-back number allowing said selected response entered by said receiving party to be transmitted back to said sending party.

creating a text message having a plurality of optional response messages associated to said text message in a first digital terminal of said sending party;

forwarding said text message with said optional response messages to a second digital terminal of said receiving party via said SMS channel;

selecting one of said optional response messages by said receiving party; and forwarding said selected optional response message back to said sending party via said SMS channel.

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10. The method of Claim 9, further comprising the step of storing said text message and said optional response messages in said second terminal upon receiving said text message from said sending party via said SMS channel.

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11. The method of Claim 10, further comprising the step of retrieving said text message and said optional messages for a provision to said receiving party.

12. The method of Claim 11, further comprising the step of displaying said retrieved messages in a display unit of said second digital terminal.

13. The method of Claim 9, wherein said optional response messages include a call-back number allowing said selected response entered by said receiving party to be transmitted back to said sending party.